



# Autumn Gratings

October 2012

Volume 32, Number 3

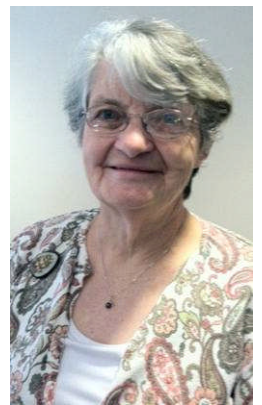
## GOVERNOR'S MESSAGE

AUTUMN IS A TIME OF GATHERINGS WITH FAMILY AND FRIENDS AFTER OUR RELAXING SUMMER MONTHS. Time to reflect in September as we go back to school and our routines, October is Family History Month, and November, of course, Thanksgiving.

September will find your Governor, Deputy Governor and National Treasurer at the General Society's Board of Assistants meeting in New Jersey. At this time, we will to review the objectives of Governor General MacGunnigle's term and plan to incorporate them in our state activities. One goal is to highlight the Mayflower House Museum. This beautiful house was originally built by descendants of Edward Winslow and was later redone by noted architect Joseph Everett Chandler. If you have an opportunity to visit this charming home, you will be treated to a view of opulence from another era. It is my pleasure, as a member of the museum committee, to work with a young lady pursuing her Girl Scout Gold Award in museum conservation. She is presently entering the collection data to the Past Perfect Software program.

October 28<sup>th</sup> is our fall meeting and we will be honored to have Bruce

MacGunnigle speak to us. His topic is "From 51 to 10 Million". We will also have another interesting educational display during the social hour. The overnights from the *Mayflower II* have plans to put together a power point presentation for all of those who could not join us. As I write this, we are still anticipating that adventure. The response has been wonderful and all berths are full. Please send in your reservations as soon as possible to help the reservations chairman.



Connecticut's Society continues along a positive growth trend. Guests and members have all commented about the friendliness of our society. They feel at home with each other. The education committee is always looking for ways to enrich the membership as well as the public. If you have any topics that you are interested in or would like to have more information on, please contact any of your officers and express your interest. The education committee will seek a way to enrich us on those subjects.

*Cont'd on page 5*

## Committees 2012

**Auditor:** Brian Bristol

**Ass't Treasurer:**

Joan Prentice jowp32@hotmail.com

**By-Laws:**

Robert Cushman Cje119@aol.com

Joan Prentice jowp32@hotmail.com

**Computer Scanning:**

Greg Thompson gthomp5749@aol.com

**Education:**

Ellen Swayne eswayne@comcast.net

Mary Brown mbrown51@snet.net

Nola Johannes nola.j@cox.net

David Grant sybilmcreek@yahoo.com

Donna Mangiafico djmangiafico@aol.com

**Finance Committee:**

David Grant sybilmcreek@yahoo.com

Donald Studley dtstudley@snet.net

Joan Prentice jowp32@hotmail.com

Charles Zoubek clzoubek@yahoo.com

203-661-8827

**Hospitality:**

William Lane lanewjg@comcast.net

**Insignia:**

Marg Studley wes91@aol.com

203-426-3651

**Junior Enrollment:**

Mary Brown mbrown51@snet.net

Ellen Swayne eswayne@comcast.net

Beverly Warner bill.warner@juno.com

**Membership:**

Joan Prentice jowp32@hotmail.com

Greg Thompson gthomp5749@aol.com

**Newsletter:**

Elisabeth Edwards dogdance00@aol.com

Mary Agliardo mlagliardo@sbcglobal.net

**Nominations**

Marjorie Hurtuk mhurtuk@aol.com

Donald Studley dtstudley@snet.net

**Publicity:**

Donna Mangiafico djmangiafico@aol.com

**Program:**

Polly Gunther polgun@sbcglobal.net

**Reservations:**

Sandy McGraw quickdraw2@cox.net

**Scholarship:**

Walter Warner bill.warner@juno.com

Julia Post jppart@sbcglobal.net

Deanna Anglovich Deanna.ct@sbcglobal.net

Sally D'Amato

## Directory of Officers 2012

**Governor:**

Mary Brown mbrown@ct.metrocast.net  
860-774-3458

**Deputy Governor:**

Greg Thompson gthomp5749@aol.com  
203-215-1755

**Recording Secretary:**

Deanna Anglovich Deanna.ct@sbcglobal.net  
860-677-6876

**Corresponding Secretary:**

Nola Johannes nola.j@cox.net  
860-649-7297

**Treasurer:**

David Grant sybilmcreek@yahoo.com  
203-315-0561

**Historian:**

Marjorie Hurtuk mhurtuk@aol.com

**Elder:**

Rev. Jean E. Knapp peterjean@sbcglobal.net  
860-536-6170

**Captain:**

William J. Lane, Jr. lanewjg@comcast.net  
203-288-5863

**Archivist:**

Greg Thompson gthomp5749@aol.com  
203-215-1755

**Deputy Governor General of CT:**

Greg Thompson gthomp5749@aol.com

**Assistant General for CT:**

Mary Brown mbrown51@snet.net

### Assistants 2012

Gwen Bishop gwendolyn.bishop@gmail.com  
860-370-9574

Ellen Swayne eswayne@comcast.net  
860-651-8113

Polly Gunther polgun@sbcglobal.net

Elisabeth Edwards dogdance00@aol.com

Mary Agliardo mlagliardo@sbcglobal.net

Donna Mangiafico djmangiafico@aol.com

. The fact that an article appears in *Nutmeg Gratings* does not in any way reflect that *Gratings*, its staff, or the CT. Society of Mayflower Descendants guarantees the historical accuracy of any information contained

## NEW MEMBERS APPROVED

### **Descendants of John Alden**

John William Boyce, Glastonbury, CT  
John Henry Driscoll III, Glastonbury, CT  
Kerry Driscoll, Glastonbury, CT  
Jeffrey Hawley Locke, W. Haven, CT  
Rae Carrington Schipke, W. Hartford, CT  
Gail Suzanne Willard, S. Windsor, CT

### **Descendants of Isaac Allerton**

Kevin Gould Gilmartin, Norwalk, CT  
Scott Thomas Schachner, Huntersville, NC

### **Descendants of William Bradford**

Gary Whitney Kincaid, N. Stonington, CT  
Christina Mae Mortali, Old Saybrook, CT  
Christian Blake Rogerson, Greenwich, CT  
John Webster Spurlock, Eden, UT  
Christine Irene Torrison, Westbrook, CT

### **Descendants of William Brewster**

Amanda Murray, Killingworth, CT  
Diana Fyfe, Lake Mary, FL

### **Descendant of Edward Fuller**

Nicholas Bruno Jugovic, Charlton, MA

### **Descendant of Thomas Rogers**

Betty Lou Bozaan, Clinton Twp., MI

### **Descendants of George Soule**

Lawrence Thomas Card, Trumbull, CT  
Anne Packer Qusnitchka, Vernon, CT  
Joan Pearson Qusnitchka, Vernon, CT

### **Descendant of William White**

David Lawrence Pascoe, N. Branford, CT

## IN MEMORIAM

Sally Viets  
June 2012

Austin Barney II  
June 2012

Grace Whitney Clarendon  
July 2012

Priscilla Marston Odell  
July 2012

Harriet Rowley  
August 2012

Our deepest sympathies to the families and friends of our deceased members. May  
God be with them on their final voyage.

## PLEASE MEET OUR OCTOBER GUEST SPEAKER

### *Governor General Bruce MacGunnigle*

**B**ruce Campbell MacGunnigle is our 32<sup>nd</sup> Governor General. He has been a member for 40 years, joining the Rhode Island Society at the age of 24, the first in his family to do so.

He is a descendant of Elder William Brewster, James Chilton, Francis Cooke, Edward Fuller, Stephen Hopkins, Thomas Rogers and Richard Warren.

Bruce was elected governor of the Rhode Island Society at the age of 39, becoming the youngest governor in that state society's history.

He has been elected as Member-at-Large of the Executive Committee, Captain General, Assistant Governor General and now Governor General – more General Society Offices than any other member in our 115-year history.

Bruce served as Congress Planning Chairman at four

General Congresses, and is the author of *Mayflower Families, Volume 4 – Edward Fuller*.

After he retired as a jewelry findings manufacturing company executive, he worked part time for his home town as the Main Street Manager, working with 200 small businesses, and, among other things, organized award winning street festivals on Main Street.

He is the Governor of the R.I. Society of Colonial Wars, a past president of both the R.I. SAR and Huguenot Societies, and a member of the R.I. Founders and Patriots. Bruce and Kate, his wife of 39 years, are

the parents of Douglas and Alison, both members of the Rhode Island Society. The topic of his speech will be, "From Fifty-One to Ten-Million."



## Governor's Message, cont'd

The Massing of the Colors will be held November 4, 2012, at 3 p.m. at St. Stephen's Episcopal Church, 31 Main St., East Haddam. This colorful event is a great time to see the other hereditary societies in CT and to socialize. I always enjoy the period dress of the some of the societies. Please consider attending.

The junior committee is preparing the Thanksgiving cards to be sent out to our junior affiliate members. There has been positive feedback of this program. Have you enrolled you children, nieces, nephews or grandchildren? Go to our website [www. ctmayflower.org](http://www.ctmayflower.org) for an application.

We are looking for people who are interested in the 2020 committee. This will be a yearlong celebration of the 400<sup>th</sup> anniversary of the *Mayflower* voyage and we want to make it very special. Ideas are welcome even if you are not able to be on the committee. Please think about what you would enjoy as part of the celebration and contact me at [mbrown@ct.metrocast.net](mailto:mbrown@ct.metrocast.net) or 860-774-3458.

I wish you all a fruitful autumn season that is filled with the love of family and friends.

Sincerely,

*Mary Brown*, Governor

---

**Thanksgiving is less than two months away. It's never too soon to start planning the menu. Here's a dessert recipe to help you on your way. Start with a fresh whole pumpkin. The leftover seeds, toasted, will make a delicious snack.**

### Pumpkin Pie

Scoop out the pulp and cut the rest of a fresh pumpkin into chunks. Boil in one inch of water until fork tender. Remove rind and mash.

Combine:

2 cups pumpkin

1 (13 oz.) can evaporated milk

2 eggs

½ cup brown sugar

½ cup white sugar

1 ½ tsp. cinnamon

½ tsp. ginger

½ tsp. nutmeg

½ tsp. allspice

½ tsp. ground cloves

½ tsp. salt

Beat 2 cups of pumpkin with other ingredients in a blender. Put pie shell on an oven rack and pour in the filling. Bake 15 minutes at 425°, then 35 minutes at 350°. Insert knife blade to check for doneness.





# THE IMPORTANCE OF BEER TO THE MAYFLOWER PILGRIMS

By Donna Mangiafico

THE CONNECTICUT SOCIETY OF MAYFLOWER DESCENDANTS MEMBERS AND THEIR GUESTS WERE ABLE TO SAMPLE AND LEARN A FEW INTERESTING FACTS ABOUT BEER AND ITS IMPORTANCE TO THE MAYFLOWER PILGRIMS' DIET AT THE OCTOBER 2011 MEETING.

It was customary to drink beer in most of England. Unlike water, beer was considered healthy, and it provided sustenance. It was a source of carbohydrates and, with the introduction of hops, had antiseptic and preservative qualities that allowed for longer keeping. 17<sup>th</sup> century seamen were also known to add a few drops of citrus juice to beer to prevent scurvy.

The importance of beer to the Pilgrim diet is documented in the writings of Edward Winslow and William Bradford. "As this calamity fell among the passengers that were to be left here to plant, and were hasted ashore and made to drink water that the seamen might have the more beer, and one in his sickness

desiring but a small can of beer, it was answered that if he were their own father he should have none; the disease began to fall amongst (the ship's crew) too ... at which the master was something stricken (sic) and sent to the sick ashore and told the governor he should send for beer for them that had need of it, though he drunk water homeward bound."

The decision to settle in Plymouth was propelled by both failing health and dwindling rations of beer. "For we could not now take time for further search or consideration, our victuals being much spent, especially our beer, and it now being the 19<sup>th</sup> of December."

It would be decades before the Pilgrims were able to brew beer in the English tradition. They made several unsuccessful attempts at brewing beer out of New England materials such as corn, pumpkins, and other fruits and berries. Fresh water would turn out to be the best substitute for their beer and, luckily for them, there was plenty of it.

*Right: Paul and Donna Mangiafico demonstrated making beer the Pilgrim way at the 2011 annual meeting.*



### Interesting Facts about Beer and the *Mayflower*:

- **Beer** or **ale** (alcoholic drink brewed from malt, sugar, hops, and water and fermented with yeast) was safer to drink than water. Water spoiled quickly when stored in the holds of ships. The brewing process and the use of **hops** (plant used to give a bitter taste to beer) provided **antiseptic** (prevents infection) qualities reducing bacterial growth. Beer also provided **carbohydrates** (sugars and starches & serves as major energy source in the diet). Seamen added a few drops of citrus to beer, which prevented **scurvy** (disease due to lacking vitamin C).
- Beer was considered one of the necessary **victuals** (provisions or food supplies). It was customary for men, women, and children to drink beer. Mayflower seamen and passengers, including children, received a daily **ration** (fixed allowance of provisions) of a **gallon** (liquid measure) of beer.
- *Mayflower* passenger John Alden held a very important job. He was a **cooper** (one who makes and/or repairs barrels) and tended to the barrels, which carried the *Mayflower's* beer that sustained the passengers on their journey from England to the new world.
- In Plymouth Colony, the Pilgrims were not able to grow the necessary ingredients such as **barley** (plant is in the grass family) and hops to brew English beer. They tried, without success, to brew beer using native plants such as **pumpkin** (round, orange fruit) and berries.

---

## Welcome to Our New Juniors

Alexander Bronski  
Bernard Lieberman  
Abigail Muttart

Elijah Spurlock  
Ella Spurlock  
Emily Spurlock

Levi Spurlock

**Attention CT Mayflower members from the towns of East Lyme, Groton, Ledyard, Lyme, Montville, New London, North Stonington, Old Lyme, Preston, Salem, Stonington, and Waterford:**

The Times Community News Group is looking members to interview for an article. The contact person is Sharma Howard (sharmahoward@gmail.com). She is planning to write a story on our society and some of the interesting genealogy/history of some of the members. Please contact Ms. Howard if you are interested.



## Scenes from the Spring Luncheon

Left and below: New members



Above: Paul Mangiafico demonstrates Mayflower era navigation.

Right: A member looks over the raffle table.







**The CT Society expressed its gratitude to former Governor Don Studley for his years of gracious and capable service and to Marg Studley for being there for Don and for us. Thank you, Mr. and Mrs. S., for jobs well done.**



**Word Search:**  
(Thanks to Donna Mangiafico)

CARBOHYDRATES  
ANTISEPTIC  
GALLON

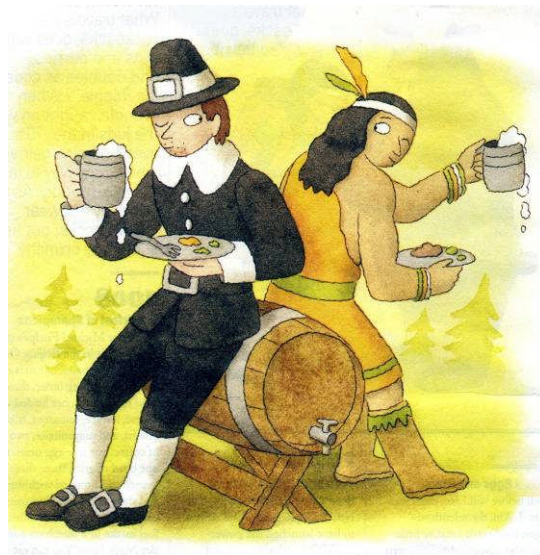
HOPS  
BARLEY  
PUMPKIN

VICTUALS  
COOPER  
RATION

SCURVY  
ALE  
BEER

L	M	G	A	L	C	Y	Y	N	G	Z	L	Y	R	X	D	K	P	J	B	A	G	R	P	A
C	Y	P	Y	A	M	R	Y	E	J	V	I	C	T	U	A	L	S	E	N	R	A	E	S	T
C	A	N	I	K	P	M	U	P	L	J	E	P	L	Q	D	V	E	T	W	A	L	P	C	K
X	S	X	G	R	M	R	C	Z	J	R	W	D	E	C	Y	R	I	J	I	T	L	O	U	H
N	F	G	I	E	K	W	H	F	B	U	A	D	C	E	C	S	L	V	G	I	O	O	R	L
A	N	C	K	Y	N	A	B	V	N	H	U	B	J	A	E	Q	I	B	C	O	N	C	V	H
F	H	F	Z	F	L	P	K	F	Q	P	Y	J	I	P	J	I	H	J	H	N	W	B	Y	T
S	E	T	A	R	D	Y	H	O	B	R	A	C	T	I	B	N	M	Y	I	O	X	D	V	F
V	V	Q	J	R	N	G	U	W	X	H	D	I	P	P	X	Q	P	I	R	V	P	A	L	E
M	M	D	Z	W	C	A	I	H	W	C	C	Y	U	K	K	P	K	X	D	B	I	S	W	N

CARTOON FROM PARADE  
MAGAZINE





ANNUAL MEETING  
OCTOBER 28, 2012  
SOCIAL HOUR AT 11  
LUNCHEON & MEETING AT NOON

Our luncheon will be held at The Gallery, 141 New London Turnpike, Glastonbury, CT

**Directions:**

**From Rt. 84:** Exit 55 is Route 2 East.

**From Rt. 91:** Exit 25N (Glastonbury Route 3 N). Follow signs for Route 2 East.

**Traveling on Route 2 East:** Take Exit 8 (Hebron Ave.) Take a right at the bottom of the exit and a left onto Hebron Avenue at the first traffic light. Then turn left onto New London Turnpike. The Gallery is the second building on the left. Detailed directions and map are available upon request.

✂-----

**PLEASE CHOOSE ONE FOR EACH ATTENDEE:**

\_\_\_\_\_ Stuffed Breast of Chicken

\_\_\_\_\_ Baked Stuffed Filet of Sole

\_\_\_\_\_ Roast Top Sirloin of Beef

\_\_\_\_\_ Children's Chicken Fingers

\_\_\_\_\_ Vegetarian (Veggies, Beans, Pasta with Marinara)

\_\_\_\_\_ Total \$ enclosed

**Dinners include:** Butternut soup, tossed salad, vegetables *du jour*, red potatoes, rolls and butter, coffee, tea, decaf, and, for dessert, apple pie *ala mode*. There is a cash bar. Non-alcoholic punch and complimentary cheese tray will be served during the social hour.

**The price is \$26/person, \$12 for children's chicken fingers. Please send this completed form and payment (checks made to Mayflower Society of CT) by October 21, 2012, to Ms. Sandy McGraw, 19 S. Cantic Meadow Rd., S. Windsor, CT 06074. (The restaurant requires that reservations be made one week before the event for their ordering and planning. Please make your reservations accordingly.)**

**Name:** \_\_\_\_\_

\_\_\_\_\_ **New member?**

**Address:** \_\_\_\_\_

**Guest:** \_\_\_\_\_

\_\_\_\_\_ **Guest:** \_\_\_\_\_

**Phone:** \_\_\_\_\_

**Guest:** \_\_\_\_\_

The Society of Mayflower Descendants  
in the State of Connecticut  
32 Nichols Lane  
Waterford, CT 06385